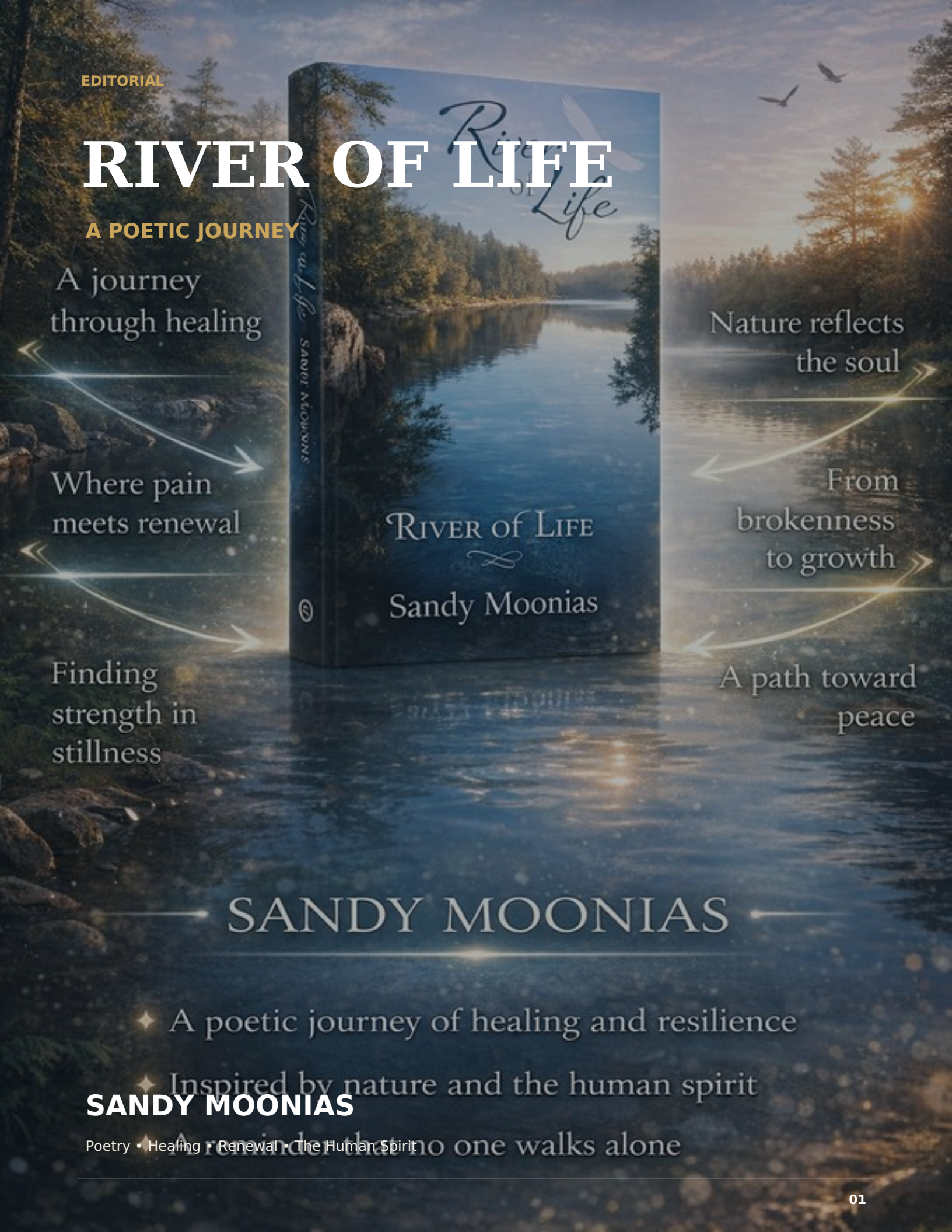
EDITORIAL

# RIVER OF LIFE

## A POETIC JOURNEY




**SANDY MOONIAS**

Poetry • Healing • Renewal • The Human Spirit

CONTENTS

# A journey in 15 pages


03 **The Poet Behind the Pages**
A profile of Sandy Moonias

04 **A Life in Many Forms**
Poet, screenwriter and educator

05 **Recognition & Milestones**
Selected publications and awards

06 **River of Life**
The book at the heart of this issue

07 **Where Pain Meets Renewal**
Healing as a poetic passage

08 **Nature as a Mirror**
Landscape, stillness and reflection

09 **Finding Strength in Stillness**
Resilience and quiet transformation

10 **The River Metaphor**
Flow, change and moving forward

11 **A Poetic Journey**
What readers are invited to discover

12 **Beyond the Page**
Sandy Moonias as a screenwriter

13 **A Voice with Range**
From anthologies to screenplays

14 **The Invitation**
A book for reflection and comfort

15 **Closing Note**
Every journey begins with a current

THE AUTHOR

# Sandy Moonias

**Poet • Screenwriter • Educator**

Sandy Moonias is a poet, screenwriter and educator whose creative work has appeared in Canadian and American anthologies. Her writing has also earned recognition in poetry and screenplay competitions.

## *“River of Life”*

A poetic journey of healing, resilience, and the human spirit.

A portrait of the author in the landscape.

# One creative voice, three disciplines.

Moonias’s creative identity moves across poetry, screenwriting and education. That range gives her work more than one way to look at human experience: through the intimacy of a poem, the movement of a screenplay, and the perspective of an educator.

### POETRY

A sustained record of reflection, published in Canadian and American anthologies.

### SCREENWRITING

Three screenplays received finalist awards at the Los Angeles International Screenplay Awards in 2024.

### EDUCATION

An educator’s perspective sits alongside her creative work, connecting observation with expression.

# A record of words that travel.

**2003** — **Reflections of Thunder: A Local Anthology**
Writers Circle

**2006** — **Timeless Voices**
The International Library of Poetry

**2007** — **Editor’s Choice Award for Outstanding Achievement in Poetry**
“Slowly Getting Wise”

**2008** — **Thunder on the Bay**
Writers Circle

**2013** — **Who’s Who in American Poetry**
Eber & Wein Publishing

**2013** — **Thundering: A Local Anthology**
Thunder Bay Writers’ Circle

**2024** — **Finalist Awards — Los Angeles International Screenplay Awards**
Ice Fishing Tale • Alternative Education • Transformation

# River of Life

## A POETIC JOURNEY

Life is presented as a river—constantly flowing, forever changing, yet always moving forward. River of Life is described as a heartfelt collection of poems capturing the beauty, challenges and transformations encountered along the way.

The book invites reflection and comfort, reminding the reader that every moment belongs to a greater journey.

## SANDY MOONIAS

Now available




07 / WHERE PAIN MEETS RENEWAL

# Healing is not a straight line.

The visual language surrounding River of Life places pain and renewal beside one another. The book’s journey is not framed as an instant transformation, but as movement: through struggle, toward healing, and eventually toward a renewed sense of possibility.




08 / NATURE AS A MIRROR

# When lands becomes lan

Across the supplied artwork, water, forest, sky and open distance create a visual vocabulary for the collection. Nature is more than scenery: it reflects stillness, movement, change and the possibility of beginning again.

**Still water.**

**Open sky.**

**A path forward.**

# Quiet can be powerful.

The supplied cover language points toward stillness as a source of strength. In a world that often celebrates constant motion, River of Life makes room for pause—for listening, remembering, and allowing change to take its own course.

**STILLNESS**

*is not the absence of movement.*
*it can be the place where movement begins.*

# Constantly flowing. Forever changing.




The central metaphor is direct and memorable: life resembles a river. It moves, changes course, reflects its surroundings and continues forward. That image gives the collection a natural structure for thinking about difficult seasons, healing and renewal.

FLOW CHANGE REFLECTION RENEWAL

# A collection made for reflection.

River of Life is positioned as a book to be experienced slowly. Its imagery of water and nature creates space for readers to consider their own changing seasons, the weight of struggle, and the strength that can emerge from quiet reflection.

> *“Every moment is part of a greater journey.”*
>
> **— the spirit of River of Life**

**HEALING**

**REFLECTION**

**COMFORT**

# The story continues on screen.

Moonias’s creative work extends beyond poetry. In 2024, her screenplays Ice Fishing Tale, Alternative Education and Transformation received finalist awards at the Los Angeles International Screenplay Awards.

**FINALIST AWARDS • 2024**

**ICE FISHING TALE**

**ALTERNATIVE EDUCATION**

**TRANSFORMATION**

*A multidisciplinary writer, moving between forms.*

# From anthology pages to cinematic stories.

The publication record supplied for this issue shows a long-running relationship with anthology work, including titles published in 2003, 2006, 2008 and 2013. Recognition for “Slowly Getting Wise” followed in 2007, while the 2024 screenplay finalist awards demonstrate continued creative activity across forms.

- **POETRY** — Anthologies
- **RECOGNITION** — Editor’s Choice Award
- **SCREENWRITING** — Finalist awards
- **RANGE** — Multiple creative forms

# Let the words meet you where you are.

River of Life is presented as a reminder that no one walks alone. Its themes—healing, resilience, nature, stillness and renewal—invite the reader to pause and recognize the possibility of growth within a changing life.

## RIVER OF LIFE

**Sandy Moonias**

*A poetic journey of healing and resilience.*

- A poetic journey of healing and resilience
- Inspired by nature and the human spirit
- A reminder that no one walks alone

NOW AVAILABLE

# Every journey begins with a single current.

At the center of River of Life is a simple idea: movement can continue even after difficult seasons. Through poetry shaped by reflection and nature, Sandy Moonias offers a collection that looks toward healing, renewal and the quiet strength of carrying on.

SANDY MOONIAS

## RIVER OF LIFE

**A POETIC JOURNEY**

**SANDY MOONIAS**

EDITORIAL FEATURE • 15 PAGES